2017 ANNUAL REPORT

BRAIN INJURY CANADA

www.braininjurycanada.ca
info@braininjurycanada.ca
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WELCOME FROM THE CHAIR

The fiscal year of 2016-2017 was ever changing for Brain Injury Canada, full of beginnings and endings always with our minds on doing the work of the association.

One of the highlights of our year was an article published in the National Post co-authored by Dr. Dan Andreae, Rick Riopelle and Suzanne McKenna. Board members were kept busy attending or speaking at meetings of Employment and Social Development Canada, Canadian Health Services and Policy Research Alliance, NHCC Advocacy Days, Elizabeth Fry Society Conference, ONF TBI REPAR Project Team, Rights of Persons with Disabilities, as well as numerous meetings with MP’s on Parliament Hill to promote our cause.

We held two conferences during this time, one in Toronto, Ontario in September 2016 and also in Saint John, New Brunswick in April 2017.

Sadly, in late December our Executive Director Mr. Harry Zarins who had been with our organization since early 2009 passed away. He was well known in both sporting communities and brain injury associations across Canada and will be missed.

Until a permanent Executive Director could be found, Brain Injury Canada hired Glenda James, the Executive Director of Saskatchewan to assist us, particularly with BIAM and supervising our summer students. In early June we were fortunate to interview and hire Michelle McDonald from Ottawa, Ontario who is now our Executive Director.

At this AGM we will have a slate of new board members who will be joining the board with sleeves rolled up ready to make Brain Injury Canada strong. As a survivor I know the importance if the advocacy, support and education work Brain Injury Canada does. In the next year I hope to see us develop a stronger and better working relationship with our provincial counterparts as we work together to enhance the lives of brain injury survivors and their families.

Sincerely,
Barb L. Butler - Board Chair Brain Injury Canada
OUR MISSION

The mission of Brain Injury Canada is to improve the quality of life for those living with a brain injury and their families/caregivers.

To fulfill our mission, the Board of Directors, Executive Director, and our Volunteers work in 7 key strategic areas:

- Promote greater awareness of ABI and the need for early detection and treatment.
- Create new opportunities to put prevention awareness near the top of Canada’s public agenda.
- Promote increased research funding towards important areas identified by our stakeholders.
- Promote increased funding and access to services for residential care and day programming services.
- Address the serious regional disparity across the country for access to services.
- Improve the ability of ABI survivors and caregivers to navigate the care and advocacy system.
- Support and facilitate the development of local and regional brain injury associations in their efforts to provide a voice for ABI survivors and caregivers.

BOARD OF DIRECTORS

Barb L. Butler - Chair                      Andrew Lambert - Director
Kim McDonald - Taylor - Secretary          Jason Lye - Director
Dr. Rick Riopelle - Past Co-Chair          Suzanne McKenna - Director
Dr. Angela Colantonio - Director
HONOURARY PATRON

Daniel Christopher Andreae
MSW, RSW, S.A.G.Dip. Ed.D, D.Sc. LLD (Honouris Causa), O.M.C.

Dan is an award-winning and distinguished professor at both the University of Guelph Humber and the University of Waterloo. Born in Toronto, Dr. Andreae holds a PhD in Adult Education and another in Science (specializing in neuosciences). He also holds an advanced diploma in stress management and a post graduate certificate in neuropsychophysiology. He has a passion for education and a dedication to lifelong learning.

Dr. Dan Andreae is a distinguished community leader and has served as the first Executive Director of the Alzheimer Society of Toronto building it up and later as Chair of its Patrons Council. He was given the prestigious Trailblazer Award from the Society in essence a lifetime Achievement Award. This followed a Champion of Change Award presented by Yasmin Khan.

Among many honours and awards, Dr. Andreae received the prestigious Distinguished Teaching Award from the University of Waterloo and is a two-time recipient of the Faculty of the Year Award from the University of Guelph Humber.

Dr. Andreae’s community involvement includes being the first Executive Director of the Alzheimer Society of Toronto and chair of the Patrons Council of the Society. He was the longest-serving president of the Ontario Association of Social Workers and leader of a successful 10 year campaign to secure statutory legislation recognizing social work as a profession. His dynamic leadership through three governments and seven ministers resulted in the regulation of this profession. He is the inaugural recipient of the Lifetime Achievement Award in social work from the Ontario Association of Social Workers (OASW).

He has received the GOVERNOR GENERAL OF CANADA – Caring Canada Award and is a recent recipient of the UNIVERSITY HOSPITAL NETWORK – Medal for Leadership in Community Health. He is the Honourary Patron of Brain Injury Canada and was presented with the Lifetime Achievement Award from BIC in 2016. Dr. Dan is a co-founder and sponsor of NEDIC
Brain Injury Association of Canada  
(Brain Injury Canada)  
Statement of Financial Position  
(Unaudited)  
As at March 31, 2017

<table>
<thead>
<tr>
<th></th>
<th>2017</th>
<th>2016</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Assets</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Current</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cash</td>
<td>$85,663</td>
<td>$57,777</td>
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<tr>
<td>Accounts Receivable</td>
<td>17,366</td>
<td>16,152</td>
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<td>Prepaid expenses</td>
<td>3,463</td>
<td>2,513</td>
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<tr>
<td><strong>Total</strong></td>
<td>$106,492</td>
<td>$76,422</td>
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<thead>
<tr>
<th></th>
<th>2017</th>
<th>2016</th>
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</thead>
<tbody>
<tr>
<td><strong>Liabilities</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Current</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Accounts payable and accrued liabilities</td>
<td>$7,577</td>
<td>$5,021</td>
</tr>
<tr>
<td>Government remittances payable</td>
<td>-</td>
<td>1,790</td>
</tr>
<tr>
<td>Deferred conference fees</td>
<td>-</td>
<td>7,830</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>$7,577</td>
<td>14,641</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>98,915</td>
<td>61,801</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>$106,492</td>
<td>$76,442</td>
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# FINANCIAL STATEMENTS

**Brain Injury Association of Canada**  
(Brain Injury Canada)  
Statement of Operations and  
Changes in Net Assets  
(Unaudited)  
As at March 31, 2017

<table>
<thead>
<tr>
<th></th>
<th>2017</th>
<th>2016</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Revenues</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Donations</td>
<td>$99,017</td>
<td>$78,154</td>
</tr>
<tr>
<td>Conference revenue</td>
<td>63,788</td>
<td>56,422</td>
</tr>
<tr>
<td>Sponsorships</td>
<td>10,650</td>
<td>-</td>
</tr>
<tr>
<td>Grants</td>
<td>-</td>
<td>$9,000</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>$173,455</td>
<td>$143,576</td>
</tr>
</tbody>
</table>

|                |        |        |
| **Expenditures** |        |        |
| Conference      | 74,767 | 72,365 |
| Wages, subcontractors, and honoraria | 25,692 | 6,910 |
| Office and administration | 11,595 | 6,910 |
| Newsletter      | 7,449  | 4,447  |
| Website         | 4,422  | 5,287  |
| Professional fees | 3,380  | 5,506  |
| Board and AGM expenses | 3,348  | 1,139  |
| Occupancy costs | 1,730  | 957    |
| Public relations | 1,563  | 2,140  |
| Insurance       | 1,270  | 869    |
| Membership fees | 1,125  | 1,190  |
| Events          | -      | 5,126  |
| **Total**       | $136,341 | $138,199 |

<table>
<thead>
<tr>
<th></th>
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<th>2016</th>
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</thead>
<tbody>
<tr>
<td>37,114</td>
<td>5,377</td>
<td></td>
</tr>
<tr>
<td>61,801</td>
<td>56,424</td>
<td></td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>$98,915</td>
<td>$61,801</td>
</tr>
</tbody>
</table>
**FINANCIAL STATEMENTS**

**Brain Injury Association of Canada**  
(Brain Injury Canada)  
Statement of Cash Flows  
(Unaudited)  
As at March 31, 2017

<table>
<thead>
<tr>
<th></th>
<th>2017</th>
<th>2016</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Operating activities</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Excess of revenues over expenditures</td>
<td>$37,114</td>
<td>$5,377</td>
</tr>
<tr>
<td>Change in non-cash working capital items</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Accounts receivable</td>
<td>(1,214)</td>
<td>(3,773)</td>
</tr>
<tr>
<td>Prepaid expenses</td>
<td>(950)</td>
<td>(1,544)</td>
</tr>
<tr>
<td>Accounts payable and accrued liabilities</td>
<td>2,556</td>
<td>(1,718)</td>
</tr>
<tr>
<td>Government remittances payable</td>
<td>(1,790)</td>
<td>638</td>
</tr>
<tr>
<td>Deferred conference fees</td>
<td>(7,830)</td>
<td>(5,745)</td>
</tr>
<tr>
<td><strong>Net increase (decrease) in cash</strong></td>
<td>27,886</td>
<td>(6,765)</td>
</tr>
<tr>
<td><strong>Cash, beginning of year</strong></td>
<td>57,777</td>
<td>64,542</td>
</tr>
<tr>
<td><strong>Cash, end of year</strong></td>
<td>$85,663</td>
<td>$57,777</td>
</tr>
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</table>
TORONTO CONFERENCE 2016

Brain Injury Canada’s National Conference in Toronto in October 2016 was a resounding success.

SOME OF THE HIGHLIGHTS THIS YEAR!

Dr. Norman Doidge
“New Neuroplastic approaches to Brain Injury”. A fascinating look into cutting edge research developed from a growing understanding that the human brain – for centuries thought a fairly fixed and unregenerative organ – is in fact capable of much more significant self-repair and healing.

Dr. Angela Colantonio moderates the first ever “Women and Brain Injury Symposium” providing invaluable gender-sensitive knowledge and key information for setting research and healthcare agendas.
CONFERENCE AWARDS

THE UNIVERSITY OF TORONTO / BRAIN INJURY CANADA EMPLOYER AWARD
Lowe’s Canada

FUNDRAISING AWARD
Enrico Quilico - Montreal, QC

DEBBIE AND TREVOR GREENE AWARD OF HONOUR
Dr. Garnet Cummings - Edmonton, AB

COMMUNICATION AWARD
Tyrone Bell - Edmonton, AB

DR. JANE GILLETT RESEARCH AWARD
Dr. Bonnie Swaine - Montreal, QC

PREVENTION AWARD
Holland Bloorview Concussion Centre - Toronto, ON
Rowan’s Law - Ottawa, ON

VOLUNTEER OF THE YEAR AWARD
Kim McDonald-Taylor - Toronto, ON

YOUTH AWARD
Andrew Vermeulen - Toronto, ON

AWARD OF MERIT
Anna-Maria Saigeon - Regina, SK
Josh Bonnici, Cross Canada Cycle - Toronto, ON
Michelle Bartlett - Saint John, NB
Carol Nickerson Goguen - Moncton, NB

SPECIAL RECOGNITION AWARD
Phoenix Residential Society ABI Program - Regina, SK
Brainworks - London, AB
McColl Early Foundation
Jonathon Ross Goodman

CORPORATE AWARD
Zehr Insurance - Waterloo, ON

COMMUNITY LEADERSHIP AWARD
Bill Hicks, Bill’s Place - Nanaimo, BC

CORPORATE LEADERSHIP AWARD
Brainworks - London, ON

LIFETIME ACHIEVEMENT AWARD
Dr. Daniel Andreae - Toronto, ON

CONGRATULATIONS TO ALL THE AWARD RECIPIENTS
Brain injuries can be caused by many factors including motor vehicle accidents, falls, sports injuries, physical abuse, and alcohol related incidents. Generally, the public doesn’t realize how widespread brain injuries are or the extensive and potentially devastating effects they can have on physical, cognitive, emotional, and behavioral levels. A common myth is that the brain injury can heal on its own. When brain injury is accompanied by cognitive impairment and/or behavioral issues, it can cause caregivers (most often the family members of those affected) potentially overwhelming stress. These indirect and human costs are added to financial costs that often include out of pocket expenses for care and medication. Compounding this situation is the lack of regulatory blood/body fluid tests for victims of brain injury, which are key to accurate diagnoses and effective treatment.

The Canadian Traumatic Brain Injury Research Consortium is currently addressing this situation. Navigating the health care system can be difficult and is made even more challenging by the lack of knowledge about brain injury. Some treatment centers, for example, are designed to offer acute care and may not accept referrals for patients who need ongoing care. To further complicate things, the needs of patients and their families are often complex and multifaceted, as several factors— namely, the interaction between genes, the environment, and lifestyle—play a role when it comes to chronic conditions. Treatment often includes modifying personal lifestyle factors such as sleep/relaxation, exercise/movement, nutrition, stress management, and social relationships.

Making progress to offer better care

Affecting all age groups and areas of the country, the epidemic of traumatic brain injuries requires a proactive and comprehensive approach, including a robust applied research agenda. The federal government is currently polling Canadians about its proposed inclusive Disability Act. In tandem, Employment and Social Development Canada has created a Social Development Partnership Program involving community-based disability groups. This program is informed by a number of existing inclusive National Disability Insurance Scheme.

The good news is that significant progress is being made both in terms of bi-medical research and clinical care for patients with brain injuries. But much more needs to be done, from public education to active government leadership. The term of thousands of families of brain injury patients and their friends and caregivers deserves no less.

Daniel C. Andreass
PhD, LLB (Honorary Councelor), Honorary Chair, Brain Injury Canada
Suzanne McKenna
RN, CRRN, Champion, LHN System Navigator for ABI, Member, Board of Directors, Brain Injury Canada
Richard J. Dipple
MD, PRCCP, FCAHS, Co-Chair, Board of Directors, Brain Injury Canada

Supporting Partner
Neurological Health Charities Canada (NHCC)

Brain Injury Canada is a proud member of NHCC. Neurological Health Charities Canada (NHCC) is a coalition of organizations that represent people with brain diseases, disorders and injuries in Canada. We work collaboratively to increase awareness, education and research and improve diagnosis, treatment and supports to benefit people affected by brain conditions.

In November 2016, representatives of Brain Injury Canada took part in a NHCC delegation to Parliament Hill, meeting with Members of Parliament to discuss the findings of the federally funded research report Mapping Connections: An understanding of neurological conditions in Canada. Full report can be found on www.mybrainmatters.ca

Every Canadian Counts (ECC)

Brain Injury Canada is a partner with Every Canadian Counts, a coalition committed to improving services for the over 1.9 million Canadians living with long-term, chronic disabilities. ECC recognizes the urgent need to provide for these Canadians, and their families, as many do not have access to even the most basic supports and services.

Lack of services, weak provincial support systems, and the absence of a national strategy has led to a crisis for these individuals and families. More information can be found at www.everycanadiancounts.com

Other Events

Board Members, Volunteers and staff of Brain Injury Canada attend a variety of events, working groups and meetings across Canada to ensure the voices of those with ABI are heard. Here are just some of the highlights:

- *Angela Colantonio and Suzanne McKenna spoke at the Elizabeth Fry Society Conference, Ottawa on June 3, 2016*
- *On November 1, 2016 representing Brain Injury Canada, Suzanne McKenna was a facilitator for the Youth Forum event at Carleton University, Ottawa, Topic: Accessibility Legislation- What does an ACCESSIBLE CANADA mean to you?*
- *Brain Injury Canada representative at Dovercourt, Ottawa “Accessibility is not enough” re: project to build Abilities Centre-James Van Raalte, the Director General of the Office for Disability Issues within the Government of Canada, facilitated event.*
- *Feb. 16, 2017 BIC representation at an all day meeting re: Canada’s appearance before the Committee on the Rights of Persons with Disabilities for the review of Canada’s First Report on the Convention on the Rights of Persons with Disabilities.*
Hope Generator

In March 2017, Brain Injury Canada partnered with Janelle Breese Biagioni on the Hope Generator Project. 150 brain injury survivors from across Canada lent their faces to The Hope Generator project that launched on March 1, 2017 to draw attention to the importance of brain awareness as well as to encourage the more than 1 million Canadians who live with the effects of brain injury.

This is a Canada 150 project by Janelle Breese Biagioni, also known as the The Hope Generator, following the deaths of her husband and brother from brain injuries and her two decades of counselling brain injury survivors and their families as they work through the trauma, grief and loss that accompany the injury.

The first face to be posted for the project was Barb Butler, President of Brain Injury Canada who for more than 20 years has defied those who said she couldn’t after her brain injury. She serves as newsletter editor and Conference Chair in addition to her responsibilities as president.

Brain Injury Canada declared the month of March as Brain Awareness Month for the first time in 2017. Partnering with the The Hope Generator on this Canada 150 project as it is the people with the lived experience of brain injury that are the reason for its existence. During Brain Awareness Month in March, Brain Injury Canada encouraged the public to learn about the brain and to make the health and safety of their brains a priority.
Champions of Brain Injury Canada

Josh Bonnici’s ‘Pedal to New Levels’ Fundraiser for Brain Injury Canada

On July 17, 2016 Josh began his bicycle ride across Canada from Victoria, British Columbia to St. John’s, Newfoundland with a completion date of September 21, 2016. As part of his ride, he was raising money for Brain Injury Canada - 100% of the money raised will be going towards the organization.

Enrico Quirico participates in Ironman triathlon

Enrico Quilico credits determination and exercise in helping him to recover from a motor vehicle collision that nearly cost him his life. In July 2016, he participated in an Ironman to raise funds for Brain Injury Canada. Enrico did an outstanding job in the Ironman, finishing in just over 12 hours and raising over $10,000.
Click here to read about Enrico in the Montreal Gazette.
PROUD SUPPORTERS

DR. DANIEL C. ANDREAE

ZEHR INSURANCE BROKERS LTD.

GORE MUTUAL INSURANCE COMPANY

McColl-Early Foundation

MARCH OF DIMES CANADA

GOODMAN FAMILY FOUNDATION

Thank you for your generous support
IN MEMORIAM

Harry Joseph Zarins
January 2, 1951 – December 26, 2016

This past year we saw the passing of Mr. Harry Zarins, Executive Director of Brain Injury Canada. He served the organization for eight years with great dedication and commitment.

A native of Montreal, he died in Ottawa on Dec. 26 of complications from lymphoma after a year-long battle with liver cancer.

Zarins was a university sports administrator for 26 years, with stints at McGill (1976 to 1991), Victoria (1991 to 1993) and Concordia, where he served as director of athletics from 1993 to 2002. After leaving the university scene, he was president of Harry Zarins Enterprises, a business management consultancy company, from 2002 to 2008.

Born Harry Joseph Zarins on Jan. 2, 1951 to immigrant parents, he graduated from Thomas D’Arcy McGee high school, then went on to play varsity water polo during his undergraduate years at McGill, before earning an arts degree in geography in 1974. A University Scholar, he was a member of the student senate, elected president of the Education Undergraduate Society and received a Scarlet Key award for leadership.

He also earned a diploma in institutional administration from Concordia in 1978 before returning to his alma mater to complete a master’s degree in educational administration in 1979.

While in his role at Brain Injury Canada, Harry collaborated with the board and stakeholders and worked to further the mission of improving the quality of life for those living with a brain injury and their families/caregivers.

In his final month, Zarins discovered a passion for painting. He is survived by his wife Jane, son Nicholas and daughter Alexa.
BRAIN INJURY CAN HAPPEN TO ANYONE

www.braininjurycanada.ca